

# Weekly Wisdom

*Grow the Green for You and Your Team*



*"I just feel like we don't even know what's possible."*

*-- Dr. Stella Safo*

## Artists Can Save Healthcare

This month, we will explore the power of art and wellbeing in the context of healthcare. Art and healthcare? Yep.

Emily Peters had a life-threatening complication when she gave birth to her daughter. It led to her book, *Artists Remaking Medicine*. "She collaborated with artists, writers, and musicians...to share surprising ideas about how creativity might make health care more humane."

One artist, an electronic musician, Yoko Sen, created "new, gentler sounds for medical monitoring devices in the ICU."

Peters thinks about the color palette in our work: pill bottle orange, Viagra blue, white coat ceremonies, and medical supply green. When Peters surveyed people about color in healthcare, they were surprised by patients' color choices: neon purples, oranges, and reds.

What does a healing environment look like?

Peters says, "It is such a beautiful, incredible profession. We, as patients, also want you guys to be humans. We're on your side."